



HELP for children in UGANDA



What is H U G?

Caring for and Educating children of the Ssesse Islands, Lake Victoria, Uganda

The Ssesse Islands are 84 scattered islands in Uganda's Lake Victoria, the second largest lake in the world.

They are beautiful with white sandy beaches, thick forests and wonderful birds.

A tropical paradise. However, when I came here 4 years ago I found many problems of great poverty and neglect.

Government schools are free but parents have to pay for uniforms, lunch, exercise books, pens, exams, the cook and many other things.

So, many parents cannot afford the 'free' education. If the child is an orphan, and there are many because of AIDS,

guardians are often not interested in sending them to school. I set up Help for Children in Uganda to work in the most remote islands.

We seek to enable the most vulnerable and needy children to access education and health care in the following ways:

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- Provision of daily lunch, exercise books, pens and pencils to day pupils
- Boarding fees for those who need to board
- Provision of school uniforms, shoes, bedding, basins, cups, plates to the most needy
- Payment of fees and requirements post primary to secondary school or vocational training
- Provision of holiday care for children with no relatives to care for them
- Provision of mosquito nets to all children
- Annual health checks
- Provision of land to grow crops for the children

This is a very poor area with many problems. For example Lwazi nursery school has been chased from the building it was renting. They have started building their own school from timber and iron sheets but have run out of money. £200 would help them complete it. Kaagonya village has many children but the school is 5 miles away through thick forest and there are no roads, only paths. They would like to start a village school for the younger children but a teacher's salary is £50 a month. Many children get very little to eat and cannot concentrate on their school work. To provide daily porridge for one child costs £1 a term. To provide lunch of maize meal and beans for one child costs £1 a week.

Please visit our website at

www.helpuganda.org.uk and contact myself or email [Dave Thomas](mailto:Dave.Thomas@helpuganda.org.uk) for any further information.

Best wishes, Liz Humphrys.

